

CURRICULUM

HEALTH

GRADE 6

Approved by Instructional Council
6/10/08

STUDENT LEARNING OBJECTIVES

**Health
Grade 6**

As a result of health education, students independently and collaboratively will be able to:

<p>GOAL: District Goal # 1 (State Standard # 1) Comprehend concepts related to health promotion and disease</p>	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
M1.3 Explain how health is influenced by the growth and interaction of body systems	a. Explain how good nutrition, proper exercise and personal safety habits positively impact the body systems
M1.4 Examine how health is influenced by the growth and interaction of body systems	a. Describe the role of body systems and how they impact health
M1.5 Analyze ways in which the environment and personal health are interrelated	a. Identify the causes of food-borne illnesses (Science) b. Investigate the role of microorganisms in food spoilage (Science) c. Evaluate techniques to increase food safety (Science)
M1.6 Use appropriate strategies to prevent/reduce risks and promote well-being	a. Discuss ways to prevent disease and promote well being
M1.10 Describe puberty and human reproduction as it relates to medically accurate comprehensive sexuality education	a. Describe the changes that occur in the body during puberty b. View and discuss in coed groups a video on female and male physical and emotional changes during puberty

STUDENT LEARNING OBJECTIVES

Health Grade 6

As a result of health education, students independently and collaboratively will be able to:

GOAL: District Goal # 2 (State Standard # 2)	
Demonstrate the ability to access valid health information and health-promoting products and services	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
M2.3 Examine factors that may influence the personal selection of health information, products and services	a. Compare and contrast health products such as generic and name brands and the factors that impact their selection

STUDENT LEARNING OBJECTIVES

Health Grade 6

As a result of health education, students independently and collaboratively will be able to:

<p>GOAL: District Goal # 3 (State Standard # 3)</p> <p>Demonstrate the ability to practice health-enhancing behaviors to reduce health risks</p>	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
<p><i>Students will know how to:</i></p> <p>M3.1 Explain the importance of assuming responsibility for personal health behaviors</p>	<p><i>Students will be able to:</i></p> <p>a. Define the responsibilities for personal health related to such choices as hygiene, nutrition and exercise</p>
<p>M3.4 Apply strategies to improve or maintain personal and family health by examining influences, rules and legal responsibilities that affect decisions</p>	<p>a. Discuss how family, classroom and school rules affect their community (Responsive Classroom)</p> <p>b. Brainstorm and develop classroom rules and consequences (Responsive Classroom)</p>
<p>M3.5 Examine and apply safety techniques to avoid and reduce injury and prevent disease</p>	<p>a. Practice classroom, hallway and playground safety techniques</p> <p>b. Practice ways to prevent the spread of disease such as hand washing, viewing and applying the principles found in the “Sneeze in Sleeve” video, tissue use and using antibacterial products</p>

STUDENT LEARNING OBJECTIVES

Health Grade 6

As a result of health education, students independently and collaboratively will be able to:

GOAL: District Goal # 4 (State Standard # 4)	
Analyze the influence of culture, media, technology and other factors on health	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
<i>Students will know how to:</i> M4.3 Analyze how family, school and peers influence personal health	<i>Students will be able to:</i> a. Define peer pressure and discuss the ways it can affect their health

STUDENT LEARNING OBJECTIVES

**Health
Grade 6**

As a result of health education, students independently and collaboratively will be able to:

<p>GOAL: District Goal # 5 (State Standard # 5)</p> <p>Demonstrate the ability to use interpersonal communication skills to enhance health</p>	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
<p><i>Students will know how to:</i></p> <p>M5.1 Apply effective verbal and nonverbal communication skills as a means of enhancing health</p>	<p><i>Students will be able to:</i></p> <p>a. Discuss appropriate responses to verbal and nonverbal social cues (Responsive Classroom)</p>
<p>M5.3 Identify ways in which emotions may affect communication, behavior and relationships</p>	<p>a. Discuss ways in which emotions have the potential of affecting communication, behavior, relationships (Responsive Classroom)</p>
<p>M5.4 Compare and contrast healthy ways to express needs, wants and feelings</p>	<p>a. Be an active member in a Responsive Classroom (Responsive Classroom)</p>
<p>M5.5 Demonstrate ways to communicate care, empathy, respect and responsibility for others without bias abuse, discrimination or harassment based on, but not limited to race, color, sex, religion, national origin, sexual orientation, ancestry, martial status, mental retardation, mental disorder and learning and/or physical disability</p>	<p>a. Create and follow classroom rules that reflect a caring, respectful and considerate classroom environment (Responsive Classroom)</p>

STUDENT LEARNING OBJECTIVES

**Health
Grade 6**

As a result of health education, students independently and collaboratively will be able to:

GOAL: District Goal # 5 (State Standard # 5) - Continued	
Demonstrate the ability to use interpersonal communication skills to enhance health	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
M5.9 Demonstrate strategies to prevent, manage and resolve conflicts in healthy ways and identify adults and peers who might assist, when appropriate	<ul style="list-style-type: none">a. Discuss strategies to prevent and resolve conflicts (Responsive Classroom)b. Discuss ways to self advocatec. Identify adults and peers with whom they can seek assistance (Responsive Classroom)

STUDENT LEARNING OBJECTIVES

**Health
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As a result of health education, students independently and collaboratively will be able to:

GOAL: District Goal # 8 (State Standard # 8)	
Demonstrate the ability to advocate for personal, family and community health	
LEARNING OBJECTIVES	SAMPLE INDICATORS/ASSESSMENTS OF LEARNING
M8.6 Promote positive ways to show care and consideration for others	<ul style="list-style-type: none">a. Demonstrate empathy toward peers when sharing during morning meeting