OCTOBER ELEMENTARY BREAKFAST MENU 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Country skillet breakfast wrap Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Baked cinnamon roll Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Egg & cheese sandwich Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Fresh baked chocolate chip muffin Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice
Weekly Alternate: Cereal, Mozarella cheese stick OR Homemade pumpkin muffin with Fruit OR Juice				
7	8	9	10	11
Strawberry Parfait with home made granola Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Maple burst mini pancakes Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Egg & cheese sandwich Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Baked cinnamon roll Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Fresh baked chocolate chip muffin Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice
Weekly Alternate: Cereal, Mozarella cheese stick OR Homemade pumpkin muffin with Fruit OR Juice				
14	15	16	17	18
NO SCHOOL **Columbs Day**	**NO SCHOOL** **Prof Dev Day**	Egg & cheese sandwich Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Blueberry Parfait with home made granola Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Fresh baked chocolate chip muffin Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice
Weekly Alternate: Cereal, Mozarella cheese stick OR Homemade pumpkin muffin with Fruit OR Juice				
21	22	23	24	25
Egg & cheese breakfast burrito Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Blueberry Parfait with home made granola Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Baked cinnamon roll Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Egg & cheese sandwich Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Chocolate chip muffin Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice
Weekly Alternate: Cereal, Mozarella cheese stick OR Homemade pumpkin muffin with Fruit OR Juice				
28	29	30	31	1
Egg & cheese sandwich Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Strawberry Parfait with home made granola Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Breakfast Pizza Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Maple burst mini pancakes Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice	Chocolate chip muffin Assorted Fresh Local Seasonal Fruit Assorted Fruit Juice
Weekly Alternate: Cereal, Mozarella cheese stick OR Homemade pumpkin muffin with Fruit OR Juice				

A Full Student breakfast includes a choice of entrée supplying grain and/or protein, a fruit side and choice of milk.

This institution is an equal opportunity provider

Have you Filled out a meal application? It takes just a few minutes !