



Ledyard Schools Elementary Lunch Menu

MAY

Monday	Tuesday	Wednesday	Thursday	Friday
7 Chicken patty Tater tots dipping sauce	8 Taco fun lunch	9 Macaroni & cheese	10 Chicken nuggets Mashed potatoes Chicken gravy	11 Cheese Pizza
<i>Alternate Entrees: BBQ Cheese wrap OR Classic cheese burger OR Sunbutter Sandwich</i>				
14 Chicken tenders Tater tots	15 Chicken fried rice	16 Italian meat sauce with Rotini pasta	17 Crispy Fish Sticks Crinkle fries & dipping sauce	18 Cheese Pizza
<i>Alternate Entrees: Garden salad OR Classic cheese burger OR Sunbutter Sandwich</i>				
21 Chicken nuggets Tater tots & dipping sauce	22 Chicken & cheese quesadilla salsa & lettuce	23 Fajita chicken Mexican rice	24 Cheesy baked pasta	25 Cheese Pizza
<i>Alternate Entrees: Chicken ranch wrap OR Classic cheese burger OR Sunbutter Sandwich</i>				
28 NO SCHOOL MEMORIAL DAY	29 Chicken & waffles Maple syrup	30 Orange chicken Stir-fry	31 Taco fun lunch	1 Cheese Pizza
<i>Alternate Entrees: Ham & cheese wrap OR Classic cheese burger OR Sunbutter sandwich</i>				
Choose with any Meal: Two Sides of Vegetable Fresh Fruit	Choose with any Meal: Two Sides of Vegetable Fresh Fruit	Choose with any Meal: Two Sides of Vegetable Fresh Fruit	Choose with any Meal: Two Sides of Vegetable Fresh Fruit	Choose with any Meal: Two Sides of Vegetable Fresh Fruit
<p>May Food Focus : Berries. Berries are packed with important vitamins and nutrients, such as vitamin C- antioxidants and fiber. These are helpful in keeping your body healthy. Some of those nutrients have been shown to help build your immune system so you can fight off illnesses, control blood sugar for people with diabetes and protect against many forms of cancer. Berries include the ever-popular strawberries, blueberries and raspberries, but some others you may know are blackberries, cranberries and boysenberries.</p>				
<p>A Full Student breakfast includes are offered with featured fruit and juice sides and a choice of milk</p>				
<p>usda is an equal opportunity employer and provider</p>				