

PHYSICAL EXERCISE AND STUDENT DISCIPLINE

No District employee or volunteer shall interfere with or prevent an elementary student from participating in the entire period devoted to daily physical exercise as a form of punishment or discipline, nor shall they cancel it for instructional makeup time. Furthermore, no student in Ledyard Public Schools shall be required to engage in physical activity as a form of discipline during the regular school day.

For purposes of this policy, “District employee” means: (1) a teacher, school administrator, the Superintendent, guidance counselor, psychologist, social worker, nurse, physician, school paraprofessional or coach employed by Ledyard Public Schools; or (2) any other individual who, in the performance of her/his duties, has regular contact with students and who provides services to or on behalf of students enrolled in Ledyard Public Schools pursuant to a contract with the District.

Any District employee that is aware of a potential violation of this policy shall immediately make a report to the building Principal or her/his designee.

District employees found to have been in violation of this policy shall be subject to disciplinary action up to and including termination.

A school volunteer found to have been in violation of this policy shall no longer be allowed to serve as such in the District.

Legal References:

Connecticut General Statutes

10-221. Boards of education to prescribe rules, policies and procedures.

10-221o. Lunch periods. Recess.

Public Act 13-173 – “An Act Concerning Childhood Obesity and Physical Exercise in Schools.”

Policy adopted: October 2, 2013

LEDYARD PUBLIC SCHOOLS
Ledyard, Connecticut